WHY WE SERVE: VISION HEALTH

Lions and our dedicated volunteers have achieved the following vision screening results:
Schools: 2,546 tested, 208 referred (8.17%)
Grand total: 2,688 tested, 226 referred (8.47%)
Grand total includes adults and veteran screenings performed this year.

FUN CALENDAR RAFFLES

Don’t forget to bring a few extra dollars to our weekly meetings to participate in our Fun Calendar Raffles. Or, you can purchase a calendar for $30. Each year our members have received winnings throughout the year when their numbers hit the daily lottery.
**AT THE LINCOLN**

Please contact Susan Stuck if you can volunteer at the Lincoln in November:

**Saturday, November 10th**
7:30 p.m.
Ruby Shooz (50's & 60's Rock and Roll)

**Saturday, November 17th**
7:30 p.m.
Logan Wells (Women in Country)

**Tuesday, November 27th**
7:00 p.m.
Massillon Football Movie

**Friday, November 30th**
7:00 p.m.
Play - The Gift (Rental)

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**UPCOMING EVENTS**

**Tuesday, November 6, 2018**
6:15 p.m.
**Program:** Vision Screening Volunteer Recognition Celebration
**Meal:** Meat loaf, mashed potatoes, glazed carrots, coleslaw

**Monday, November 12, 2018**
6:00 p.m. Theatre Board meeting

**Tuesday, November 13, 2018**
6:15 p.m. Regular meeting
**Meal:** Fish Fry

**Thursday, November 15, 2018**
6:00 p.m. Lions Club Board meeting

**Tuesday, November 20, 2018**
6:00 p.m. Business meeting
**Program:** Tammi Shrum, Zoar Village
**Meal:** Ham steak, red skinned potatoes, green beans, tossed salad

**Tuesday, November 27, 2018**
6:15 p.m. Regular meeting
**Program:** Bill & Marsha Shearer, Whispering Grace Horses
**Meal:** Turkey Tetrazzini, noodles, glazed carrots, apple sauce

**Friday, November 30, 2018**
10:00 a.m. - 8:00 p.m.
Volunteer Bell Ringing at the Massillon Giant Eagle for the Salvation Army
**CANDY DAYS RECAP**

Thanks to all of our Candy Days volunteers who collected $863.00 in October!

Let's celebrate with the following Massillon Lions who are celebrating birthdays this month!

November 1st: Lion Bryan Corban
November 5th: Lion Les Stuck
November 20th: Lion Jeremy Wagner
LION MAUREEN’S BOOK LOOK!

Shadow divers: the true adventure of two Americans who risked everything to solve one of the last mysteries of World War II by Robert Kurson

This book is an intersection of action adventure, mystery, and WWII story. Even better, it’s a true story and I haven’t yet met a single person of either gender or age who didn’t just love this book.

It’s the story of two weekend scuba divers who try to solve the mystery of a discovered U-boat discovered off the coast in New Jersey. If you loved Into Thin Air or The Perfect Storm don’t wait to get your hands on this one.

My book discussion group has used this book as the standard when judging the books we discuss. If a book is high on the "Shadow Divers" scale it was a true hit! Maybe you should ask Santa to drop a copy into your stocking this year, or better yet, swing by the Massillon Public Library and read a free copy!

If you love it check out Robert Kurson’s Pirate Hunters: Treasure, Obsession, and the Search for a Legendary Pirate Ship. It’s on my current to-read list!

FOCUS ON: THE COST OF DIABETES


The American Diabetes Association released new research estimating the total costs of diagnosed diabetes have risen to $327 billion in 2017 from $245 billion in 2012, when the cost was last examined. This figure represents a 26 percent increase over a five-year period.

The largest components of medical expenditures are:
--hospital inpatient care (30% of the total medical cost),
--prescription medications to treat complications of diabetes (30%),
--anti-diabetic agents and diabetes supplies (15%), and
--physician office visits (13%).

People with diagnosed diabetes incur average medical expenditures of $16,752 per year, of which about $9,601 is attributed to diabetes. People with diagnosed diabetes, on average, have medical expenditures approximately 2.3 times higher than what expenditures would be in the absence of diabetes.

Indirect costs include:
--increased absenteeism ($3.3 billion) and reduced productivity while at work ($26.9 billion) for the employed population,
--reduced productivity for those not in the labor force ($2.3 billion),
--inability to work as a result of disease-related disability ($37.5 billion),
--lost productive capacity due to early mortality ($19.9 billion).
THE STAGGERING COSTS OF DIABETES

More than 30 MILLION Americans have diabetes

Health care costs for Americans with diabetes are 2.3X greater than those without diabetes

Diagnosed diabetes costs America $327 BILLION per year

84 MILLION Americans have prediabetes

$1 IN $7
Health care dollars is spent treating diabetes and its complications

Today, 4,110 Americans will be diagnosed with diabetes. Additionally, diabetes will cause 295 Americans to undergo an amputation and 137 will enter end-stage kidney disease treatment.

Learn how to fight this costly disease at diabetes.org/congress